

CORONAVIRUS DISEASE



Protect yourself from coronavirus and stop the spread of germs.

- Wash your hands often with soap and water for at least 20 seconds, especially before eating.
- Avoid close contact with people who are sick. Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.