

IMPORTANT NUMBERS IN WINTER WEATHER

**ALL EMERGENCIES: CALL 9-1-1
POLICE-FIRE-MEDICAL**

Gas Odor/Leak	CALL 9-1-1
Sparking Downed Electrical Line	CALL 9-1-1
BGE Power Outages	877-778-2222
Police (Downed Trees/Lines)	410-222-8610
Police (general non-emergency)	410-222-8050
Fire (general non-emergency)	410-222-8200
Aging & Disabilities	410-222-4257
Constituent Services	410-222-1785
Department of Health	410-222-7095
Office of Emergency Management	410-222-0600
Office of Transportation	410-222-7440
Public Schools	410-222-5000
Public Schools Student Safety Hotline	877-676-9854
Public Works (Snow over 4")	410-222-4040
For snow under 4 inches please call:	
Public Works (Northern District)	410-222-6120
Public Works (Central District)	410-222-7940
Public Works (Southern District)	410-222-1933
Public Works Emergency Operations	410-222-8040
Social Services	410-269-4500
State Highway Administration	410-582-5650

Maryland Interactive Travelers Information
www.md511.org

PUBLIC HEALTH WINTER PREPAREDNESS TIPS

The Anne Arundel County Department of Health encourages residents to exercise caution during extremely cold temperatures. Children, older adults and people with poor circulatory systems are at particular risk for hypothermia or frostbite. Here are some tips:

- Prepare for the unexpected. Most problems with hypothermia occur because of an unexpected change in the weather or temperature.
- Dress for the cold weather by wearing coats, hats (as much as 50% of body heat is lost through the head), scarves or knit masks to cover the face and mouth, and gloves or mittens. Wear waterproof boots, shoes and gloves.
- Dress in layers of loose-fitting clothes, including extra socks. Wool, silk or polypropylene inner layers hold in more body heat than cotton. Avoid cotton clothing for winter activities.
- Avoid getting wet when the temperature dips.
- Drink plenty of water. Avoid nicotine, caffeine and alcohol.



For more information, visit
www.aahealth.org/cold-weather
or call 410-222-4001.

WINTER WEATHER PREPAREDNESS GUIDE ANNE ARUNDEL COUNTY MARYLAND



SNOWSTORM CHECKLIST

- Check heating system in advance
- Smoke/Carbon Monoxide Detectors ready
- Fire Extinguisher ready - know how to use it
- Fireplace inspected in advance
- Hot ashes in metal container, outside home
- Space heaters 3+ feet from flammables
- Only one heating appliance per outlet
- Generator properly installed, fueled, tested
- Family Emergency Kit ready
- Emergency plans for those dependent on dialysis or electrical medical equipment
- Several days' worth of medications ready
- Three days of non-perishable food ready
- One gallon of water per person per day
- Snow shovel and/or snow blower ready
- Leave one faucet to drip if below freezing
- Layered winter clothing ready
- Monitor the weather on radio or TV
- Check on family and neighbors



IF THE POWER GOES OUT

- * Notify BGE of outage 877-778-2222.
- * Watch for downed trees.
- * Treat downed power lines as active.
- * Use flashlights, headlamps, battery lanterns.
- * Keep cell phone fully charged.
- * Keep refrigerator and freezer doors closed.
 - o Food in refrigerator good for 4 hours
 - o Food in freezer good for 2 days
- * Safely operate your generator.
- * No indoor propane or gas heaters.
- * Keep generators, grills and camp stoves out of the house, basement and garage.

AFTER THE STORM

- ✓ Confirm you and family members are safe.
- ✓ Assess property damage.
- ✓ Take photos for insurance claim.
- ✓ Check on neighbors.
- ✓ Don't travel unless absolutely necessary.
- ✓ Use caution on icy sidewalks/driveways.
- ✓ Expect to be self-sufficient for three days.

ROAD CLEARING

- * The County plows main roads first
- * Community roads are made passable next
- * Enter an online service request at:

Department of Public Works

www.aacounty.org/departments/public-works/highways/snow-information

Click on "Snow Level of Service Inquiry"
Enter your house number/street name

SNOW SHOVELING

- * Do not shovel after eating or while smoking.
- * Take it slow, stretch out before you begin.
- * Shovel 2 inches several times, rather than 6 inches at one time.
- * Push the snow rather than lifting it.
- * If you do lift snow, use a small shovel or only partially fill the shovel.
- * Lift with your legs, not your back.
- * Take frequent breaks and hydrate.
- * Do not work to the point of exhaustion.
- * Do not shovel if you have a heart issue.

WINTER DRIVING TIPS

- Winterize your car in advance.
- Monitor weather and traffic conditions.
- Travel during daylight hours.
- Keep at least a half-full gas tank.
- Clear snow off the car before leaving.
- Slow down and stay alert.
- Leave greater braking distance.
- Beware of unexpected "black ice."

If travel is restricted, stay home!



CAR WINTER EMERGENCY SUPPLIES

- Ice Scraper and Snow Brush
- Cell Phone and Charger
- Warning Devices (flares/triangle)
- Small Shovel (snow removal)
- Bag of Sand or Cat Litter (traction)
- First Aid Kit
- Flashlight with extra batteries
- Battery Jumper Cables
- Paper Towels (clean windows)
- Blanket
- Snacks and Bottled Water