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Enterovirus D68 (EV-D68) Fact Sheet

The Maryland Department of Health and Mental Hygiene (DHMH) confirmed the presence of enterovirus D68 (EV-D68) in Maryland on September 24, 2014. Enteroviruses are spread person-to-person through close contact with an infected person. They can also be spread by touching objects or surfaces that are contaminated with the virus and then touching the mouth, nose or eyes. The Anne Arundel County Department of Health offers the following information to help limit the spread and impact of the virus.

Symptoms of EV-D68

- EV-D68 can cause mild to severe respiratory illness, such as a low-grade fever, cough, runny nose, sneezing and body/muscle aches.

Safety Measures

- Wash your hands regularly with soap and water for 20 seconds.
- Avoid touching your eyes, nose and mouth.
- Cough or sneeze into your sleeve or a tissue.
- Stay home from school or work when sick.
- Avoid kissing, hugging, and sharing cups and eating utensils with sick people.
- Disinfect frequently touched surfaces, such as toys and doorknobs, especially if someone is sick.
- Stay up-to-date on vaccinations, especially influenza vaccine, to reduce the risk of respiratory illness.
- Provide special attention to children with asthma.

Treatment for EV-D68

- There is no specific treatment for EV-D68 infections.
- No antiviral medications are currently available for treating EV-D68 infections.
- Many infections will be mild and self-limited, requiring only treatment of the symptoms.
- Some people with severe respiratory illness caused by EV-D68 may need to be hospitalized and receive intensive supportive therapy.

View the latest updates on EV-D68 from the CDC:
<http://www.cdc.gov/non-polio-enterovirus/about/EV-D68.html>

**See the Keep Your Child from Getting and Spreading Enterovirus D68
Infographic on other side.**

Keep Your Child from Getting and Spreading ENTEROVIRUS D68



Avoid close contact with sick people



Wash your hands often



**Cover your coughs
& sneezes**



**Avoid touching your face
with unwashed hands**



Clean & disinfect surfaces



Stay home when you're sick



www.cdc.gov/non-polio-enterovirus/EV68/

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