

— EVERYONE CAN HELP — PREVENT HOT CAR DEATHS

PARENTS AND CAREGIVERS



Never leave a child in a vehicle unattended for any length of time. Rolling windows down or parking in the shade does little to change the interior temperature of the vehicle.



Make it a habit to check your entire vehicle – **especially the back seat** – before locking the doors and walking away. **Over 50% of pediatric vehicular heatstroke deaths** are a result of a parent or caregiver forgetting a child in a car.



Ask your childcare provider to call if your child doesn't show up for care as expected.



Place a personal item like a purse or briefcase in the back seat, as another reminder to **look before you lock**. Write a note or place a stuffed animal in the passenger's seat to remind you that a child is in the back seat.



Store car keys and fobs out of a child's reach and teach children that **a vehicle is not a play area**.

*Adapted from National Highway Traffic Safety Administration



For more information:
AAHealth.org/healthy-start

