

The Facts

- Marijuana crosses the placenta, and can be found in the newborn's body for up to a month after a single use.
- Marijuana can cut off the oxygen and food supply to the baby in your womb, making it harder for the baby to grow. This can affect your baby's development after he or she is born.
- Children of mothers who use marijuana are more likely to have learning and behavior problems beginning at birth and continuing throughout their lives.
- Smoking marijuana affects your thinking. When you smoke marijuana, you can't make healthy decisions that are good for your pregnancy and your baby.

No Amount of Marijuana is Safe to Use During Pregnancy or Breastfeeding

“But it's natural and organic”

“But it helps with my nausea”

Just because marijuana is a natural herb, doesn't make it safe for your baby. Ask your doctor for medication and other tips to help with nausea. Your doctor can refer you to a specialist who can help you quit using. You will be taking another step to having a healthy baby.



For help in quitting your use of marijuana, call:

Anne Arundel County
Substance Abuse Referral Line
(410) 222-0117 • www.aahealthybabies.org



Things Your
Baby
Hopes You Know About
Marijuana



Newborn Babies

Whose Mothers Used Marijuana During Pregnancy...

Are more likely to:

- Sleep poorly
- Have other problems withdrawing from the marijuana in their systems
- Be born very sick
- Be born too small-and need to go to the newborn intensive care unit
- Absorb marijuana from the mother's body quickly

Preschool Children

Whose Mothers Used Marijuana During Pregnancy...

Are more likely to:

- Have poor memory
- Struggle with speech
- Have difficulty making decisions
- Have a hard time calming themselves down

Older Children

Whose Mothers Used Marijuana During Pregnancy...

Are more likely to:

- Be easily distracted in class
- Be hyperactive
- Have problems following directions with multiple steps
- Struggle to remember what things look like
- Have trouble copying basic patterns

And so are more likely to:

- Get into trouble at school
- Have difficulty learning
- Eventually have problems getting and keeping a job

