

Departamento de Salud del Condado Anne Arundel Programa WIC

Clases y Grupos de Apoyo de Amamantamiento

Aprenda como amamantar con éxito!

Hable con otras madres que están dando de mamar, discuta experiencias y comparta información.

Clases de Amamantamiento

Annapolis

- Miércoles, 3 Abril 2019
5:00 p.m. - 6:00 p.m.
- Viernes, 26 Abril 2019
11:00 a.m. - mediodía
- Miércoles, 1 Mayo 2019
5:00 p.m. - 6:00 p.m.
- Viernes, 31 Mayo 2019
11:00 a.m. - mediodía
- Miércoles, 5 Junio 2019
5:00 p.m. - 6:00 p.m.
- Viernes, 21 Junio 2019
11:00 a.m. - mediodía

Condado Norte

- Miércoles, 10 Abril 2019
5:00 p.m. - 6:00 p.m.
- Martes, 23 Abril 2019
10:00 a.m. - 11:00 a.m.
- Miércoles, 24 Abril 2019
5:00 p.m. - 6:00 p.m.
- Miércoles, 8 Mayo 2019
5:00 p.m. - 6:00 p.m.
- Miércoles, 22 Mayo 2019
10:00 a.m. - 11:00 a.m.
- Martes, 28 Mayo 2019
5:00 p.m. - 6:00 p.m.
- Miércoles, 12 Junio 2019
5:00 p.m. - 6:00 p.m.
- Martes, 25 Junio 2019
10:00 a.m. - 11:00 a.m.
- Miércoles, 26 Junio 2019
5:00 p.m. - 6:00 p.m.

Grupos de Apoyo de Amamantamiento

Annapolis

- Viernes, 12 Abril 2019
9:30 a.m. - 11:30 a.m.
- Viernes, 26 Abril 2019
9:30 a.m. - 10:30 a.m.
- Viernes, 10 Mayo 2019
9:30 a.m. - 11:30 a.m.
- Viernes, 31 Mayo 2019
9:30 a.m. - 10:30 a.m.
- Viernes, 14 Junio 2019
9:30 a.m. - 11:30 a.m.
- Viernes, 21 Junio 2019
9:30 a.m. - 10:30 a.m.

North County

- Jueves, 4 Abril 2019
9:30 a.m. - 11:30 a.m.
- Jueves, 18 Abril 2019
9:30 a.m. - 11:30 a.m.
- Jueves, 2 Mayo 2019
9:30 a.m. - 11:30 a.m.
- Jueves, 16 Mayo 2019
9:30 a.m. - 11:30 a.m.
- Jueves, 6 Junio 2019
9:30 a.m. - 11:30 a.m.
- Jueves, 20 Junio 2019
9:30 a.m. - 11:30 a.m.

Annapolis - 3 Harry S. Truman Parkway, Annapolis, MD 21401

Condado Norte - 791 Aquahart Road, Glen Burnie, MD 21061

Invitamos a las mujeres embarazadas y mujeres que estén amamantando a atender estos programas. Traiga a su pareja o a su mejor amigo(a). Los niños son bienvenidos!

Traiga su folder del Programa del WIC.

Los Beneficios de WIC serán entregados en la sesión a los participantes que se les deba beneficios. Llame al 410-222-0139 para información adicional. Esta institución provee igualdad de oportunidad y empleos. www.aasalud.org

Anne Arundel County Department of Health WIC Program

Breastfeeding Classes & Support Groups

Learn how to breastfeed successfully!

Talk to other breastfeeding moms, discuss experiences and share information.

Breastfeeding Classes

Annapolis

- April 3, 2019
5:00 p.m. - 6:00 p.m.
- April 26, 2019
11:00 a.m. - noon
- May 1, 2019
5:00 p.m. - 6:00 p.m.
- May 31, 2019
11:00 a.m. - noon
- June 5, 2019
5:00 p.m. - 6:00 p.m.
- June 21, 2019
11:00 a.m. - noon

North County

- April 10, 2019
5:00 p.m. - 6:00 p.m.
- April 23, 2019
10:00 a.m. - 11:00 a.m.
- April 24, 2019
5:00 p.m. - 6:00 p.m.
- May 8, 2019
5:00 p.m. - 6:00 p.m.
- May 22, 2019
5:00 p.m. - 6:00 p.m.
- May 28, 2019
10:00 a.m. - 11:00 a.m.
- June 12, 2019
5:00 p.m. - 6:00 p.m.
- June 25, 2019
10:00 a.m. - 11:00 a.m.
- June 26, 2019
5:00 p.m. - 6:00 p.m.

Breastfeeding Support Groups

Annapolis

- April 12, 2019
9:30 a.m. - 11:30 a.m.
- April 26, 2019
9:30 a.m. - 10:30 a.m.
- May 10, 2019
9:30 a.m. - 11:30 a.m.
- May 31, 2019
9:30 p.m. - 10:30 p.m.
- June 14, 2019
9:30 a.m. - 11:30 a.m.
- June 21, 2019
9:30 a.m. - 10:30 a.m.

North County

- April 4, 2019
9:30 a.m. - 11:30 a.m.
- April 18, 2019
9:30 a.m. - 11:30 a.m.
- May 2, 2019
9:30 a.m. - 11:30 a.m.
- May 16, 2019
9:30 a.m. - 11:30 a.m.
- June 6, 2019
9:30 a.m. - 11:30 a.m.
- June 20, 2019
9:30 a.m. - 11:30 a.m.

Annapolis - 3 Harry S. Truman Parkway, Annapolis, MD 21401

North County - 791 Aquahart Road, Glen Burnie, MD 21061

**Pregnant and breastfeeding women are encouraged to attend these programs.
Bring your partner or a supportive friend. Children are welcome!**

Bring your WIC I.D. folder.

WIC benefits will be given at the end of the session to participants who are due benefits. Call 410-222-0085 for additional information.

This institution is an equal opportunity provider and employer. www.ahealth.org/wic