

Anne Arundel County Department of Health

PSYCHOSOCIAL SUPPORT GROUPS FOR HIV-POSITIVE ADULTS

The Psychosocial Support Groups are mutual self-help groups that offer emotional, psychological and moral support. Individuals are encouraged to participate to whatever extent they feel comfortable.

The groups include:

- **Addictions Group** for HIV-positive adults working on recovery from substance abuse
- **Common Thread Group** for HIV-positive adults seeking to give and receive support and share information, experiences and feelings
- **Friends Group** for HIV-positive adults to come together to socialize and enjoy participating in fun activities together
- **Gay Men's Group** for HIV-positive homosexual men to share personal issues and health concerns
- **Women's Group** for HIV-positive women to share personal issues and health concerns

Individual Counseling, one-hour sessions that focus on the individual and his or her continuity of care needs, is also available.

For support group times, locations and more information, call the Department of Health's HIV/AIDS Program at 410-222-7108.