

Breastfeeding Support Resources

♥ Anne Arundel County Department of Health

(All services free to WIC participants)

WIC Program.....410-222-0085
- Counseling, support groups and classes
- Aids: nursing bras, pumps and more

♥ Hospitals

(Some services include fees – call for more information.)

Anne Arundel Medical Center

Warmline.....443-481-6977
- Outpatient support, pump rentals and sales
- Breastfeeding support group for new moms
Prenatal breastfeeding class.....443-481-4000
1-800-MDNURSE

Baltimore Washington Medical Center

Prenatal breastfeeding class.....410-787-4600
www.mybwmc.org (click “community”)

Harbor Hospital

Prenatal breastfeeding class.....410-332-9604
Lactation consultant (phone).....410-350-2234
Lactation consultant (beeper).....410-932-7765

Kimbrough Ambulatory Care Center (Ft. Meade)

Breastfeeding help.....301-677-8424

Malcolm Grow Medical Center (Andrews Air Force Base)

Breastfeeding help.....240-857-5379
Breastfeeding classes.....240-857-2979
Lactation consultant.....240-857-3297

Mercy Hospital

Prenatal breastfeeding class.....410-332-9604
Warmline.....410-332-9060

St. Agnes Hospital

Breastfeeding class.....410-368-2810
Warmline/return to work class.....410-368-2624

University of Maryland Medical Center

Telephone/outpatient support.....410-328-3512
Prenatal breastfeeding class.....410-328-2944

Walter Reed National Military Medical Center (Bethesda)

Prenatal breastfeeding class.....1-866-628-9633
Breastfeeding help.....301-295-9959

♥ Other Community Breastfeeding Resources

(Some services include fees – call for more information.)

Special Beginnings Birth and Women’s Center

(Located in Arnold)

Call.....410-626-8982
- Prenatal breastfeeding class and pumping class
- Breastfeeding boutique (*nursing supplies and pump rentals*)
- Lactation consultant (*free mini consult; call for hours*)

Breastfeeding Resource Center

(Serving Millersville and Glen Burnie)

Linda Dayton.....410-987-7756
- Counseling
- Pump rentals/sales (*discount for WIC clients*)

National Women’s Health Information Center

www.4woman.gov/breastfeeding

Helpline/publications.....1-800-994-WOMAN(9662)

Independent Lactation Consultants

(Fees vary for consultations, breastfeeding supplies and pump rentals/sales)

(Annapolis, Severna Park and Arnold)

Kim Knight, R.N., B.S.N., I.B.C.L.C.....410-533-5343

(Anne Arundel and neighboring counties)

Laurel Naff, R.N., I.B.C.L.C., R.L.C.....240-460-8664

Kathleen Stahl, R.N., B.S.N., I.B.C.L.C.....443-458-8285

www.annapolisbreastfeedingcare.com

La Leche League

www.llofmd-de-dc.org

- Monthly support meetings led by accredited leaders
- Free telephone help

Annapolis: Audrey.....410-757-5175
Gina.....410-263-6698
Lara.....410-956-4451
Sarah.....530-848-6616

North County: Barbara.....970-531-1232
Monique.....240-727-6680
Vivienne.....410-519-4911
443-722-6292 (text)

Laurel: Bonnie.....301-464-5046

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Anne Arundel County Department of Health WIC Program.
www.aahealth.org/wic - 410-222-6797