

Stay Safe In The Sun Like Alex



ALEX

Don't let the sun hurt your skin!

- Wear a hat.
- Wear long clothes.
- Wear sunglasses.
- Play in the shade.
- Put sunscreen on your skin.
- Drink a lot of water.
- Ask a parent to help keep you safe in the sun.

Learn To Live

Healthy Living From The Anne Arundel County Department Of Health

410-222-7979

www.aahealth.org